

What is Senior Care Management?

Senior Care Management is a program of the Continuing Care Department. Social workers provide long term care management assistance to at-risk members 65 and older.

Senior Care Management provides:

- Information and referrals to community services and resources including:
 - Home delivered meals
 - Transportation
 - Help at home
 - Financial programs and services
- Counseling to address health and social changes affecting daily living.
- Planning for future care needs.



Additional Services



Caregiver Support Groups – for anyone providing care for an ill or elderly person. The group provides a safe and caring place to share feelings and concerns along with options and solutions for common problems. Groups are led by a social worker and/or a nurse. There is no charge.

To Make a Referral

Anyone may refer a Kaiser Permanente member for Senior Care Management by calling the number listed below. Kaiser Permanente Providers can enter an order in HealthConnet for Social Services, and if appropriate, it will be received by Senior Care Management.

Phone: 619-641-4027 - or

Fax: 619-641-4340



Caregiver Support Groups

For information call 619-641-4456.

Bostonia

1620 East Main St., El Cajon
Lobby Area, Group Room 7
2nd & 4th Thursdays, 2 - 3 pm

San Diego Medical Center

9455 Clairemont Mesa Blvd, 92123
1st Floor, Pacific Classroom
2nd & 4th Thursdays, 2 – 3 pm

Vista

780 Shadowridge Dr., Vista
2nd Floor, Classroom 1 & 2
1st & 3rd Wednesdays, 2:30 – 4 pm

Senior Care Management Program Continuing Care Services

**Helping older members to
manage their care at home**

