



placement assistance

CONTINUING CARE SERVICES

Kaiser Permanente Services

- Continuing Care Services Department 619-641-4456
(List of nursing homes visited by Kaiser Permanente physicians available)
- Long Term Care 619-528-1245
- Nursing Home Placement 619-641-4452
- Senior Care Management (*Long-Term Care Planning*) 619-641-4027

Community Services

This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

Care Placement Agencies:

- A Place for Mom(local rep Brian Baugh) 760-686-0249
 Email Brian at brian.baugh@aplaceformom.com
- A Placement to Call Home 619-920-4662
 www.aplacementtocallhome.com
- Care Patrol (Nationwide)..... 619-946-2389
 www.carepatrol.com
- Care Placement..... 619-660-8814
 www.careplacement.com
- E&K Senior Referrals, *call for a free evaluation*..... 619-684-3009
 www.ekhappypiretirementhome.com
- Finding Home for Older Adults 619-886-4026
 <http://seniorsfindinghome.com>
- First Meridian Placement Services..... 858-529-1886
 www.1stmeridiancareservices.com
- Majestic Care..... 858-726-4477
 www.majestic-care.com

<http://continuingcare-sandiego.kp.org>



Care Placement Agencies continued:

Senior Care Referral Specialists 619-405-4175
<https://srcareinfo.com> 800-587-4410

Helpful Terms:

Placement

A term used to describe moving a person to a care facility.

Care Placement Agencies

Agencies that assist people in locating care facilities that meet their needs.

Independent Living Facilities

Privately owned homes or complexes that provide housing for adults who do not need medication oversight, are able to function without supervision and can live independently. They often provide services and amenities such as housekeeping, social activities, and dining opportunities. There is no oversight or licensing agency for these facilities and the cost is not covered by medical insurance.

Residential Care Facility for the Elderly (RCFE)

Residential Care Facilities for the Elderly serve persons 60 and older. They provide room, board, housekeeping, supervision, and personal care assistance with basic activities like personal hygiene, dressing, eating, and walking. Facilities usually centrally store and distribute medications for residents to self-administer. These facilities are licensed by the California Department of Social Services (CDSS), Community Care Licensing (CCL) Program in the State of California.

http://www.canhr.org/RCFE/rcfe_what.htm

- **Assisted Living Facility**

A facility licensed to provide a living arrangement for people with special needs, especially seniors with disabilities. It provides help with everyday tasks such as bathing, dressing and taking medication. The services provided may vary. The cost is not covered by medical insurance but may be covered by long-term care insurance.

- **Board and Care Home**

A home licensed to provide services such as meals, medication supervision, and assistance with bathing, dressing and eating. Most facilities are licensed for six or fewer residents, but some are larger. The cost is not covered by medical insurance but may be covered by long-term care insurance.

- **Memory Care Facility/Unit**

A facility that specializes in caring for the needs of individuals with varying degrees of dementia. These facilities provide dementia care and are equipped with safety features and around the clock supervision. The cost is not covered by medical insurance but may be covered by long-term care insurance.

Skilled Nursing Facility (*also Nursing Home, Convalescent Home or Rehabilitation Hospital*). An inpatient facility, licensed by the State of California and Medicare, that provides 24-hour nursing services to persons in need of extended care.

For corrections or additions to this handout, please call (619) 641-4456